

ROYAL LIFE COLLECTORS' ISSUE

ROYAL LIFE

ALL THE NEWS YOU NEED ON OUR ROYAL FAMILY

A TRIBUTE TO BRITAIN'S LONGEST REIGNING MONARCH
SPECIAL EDITION

HER MAJESTY THE QUEEN AT 90 A ROYAL FAMILY CELEBRATION



ROYAL LIFE

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GREAT

BRITAIN



PLUS: WE JOIN THE DUKE AND DUCHESS OF CAMBRIDGE ON THEIR MOST MAGICAL TOUR YET, PRINCESS CHARLOTTE'S 1ST BIRTHDAY, PRINCE HARRY'S INVICTUS GAMES, COMPETITIONS, NEWS AND SO MUCH MORE!

WIN THE ROYAL TOUCH: Simply Stunning Home Cooking From A Royal Chef

Simply Stunning Home Cooking from a Former Royal Chef

THE *Royal* TOUCH



Former Personal Chef to TRH The Prince and Princess of Wales and TRH Prince William and Prince Harry

CAROLYN ROBB

Written by Carolyn Robb, the former personal chef for 10 years to The Prince and Princess of Wales and the young Prince William and Prince Harry, this delightful book is packed with one hundred of Carolyn's most popular recipes and also includes cards, letters, notes and photographs of Carolyn's time as the Personal Chef to the royal family at Kensington Palace.

From start to finish it is a joy to read this book and to cook from it. Each recipe presents a well thought out dish. As the author says, it is good honest home cooking but with a refinement that elevates it above the ordinary.

What really sets the book apart however are the unique anecdotes from Carolyn's tenure with Their Royal Highnesses and the cherished handwritten notes that she received from Prince Charles and Diana, Princess of Wales during her time with them. There are so many gems it is hard to pick favourites but here are just a few of the most touching.

"When HRH Prince Harry was very young I used to make miniature treacle tarts for him. Once when he came into the kitchen to get one, I asked him to check with HRH The Princess of Wales if he could have one. He reappeared moments later with a slip of paper in his hand. It read 'Mummy says it's ok!' in Princess Diana's handwriting. I have always treasured this wonderful little note."

Carolyn also shares a very special handwritten note from Prince Charles which was written with his left hand after he had broken his right arm playing polo, saying "you excelled yourself this evening for dinner, the first course was a masterpiece! Well Done! Charles."

She reveals that the Chocolate Biscuit Cake recipe which shot to fame when Prince William chose it as his groom's cake at the royal couple's wedding is actually based on one her mother made her as a child.

In addition to the wonderful notes and cards, Carolyn peppers the book with fascinating reminiscences of her time with Their Royal Highnesses, such as the perfect asparagus that was grown at Highgrove and her fond memories of foraging for wild mushrooms in the woods at Balmoral, accompanied by Prince Charles.

Carolyn shares how her Curried Chicken Salad takes her back to the many buffet lunches that she prepared aboard the Royal Yacht Britannia and how cooking with salmon reminds her of her many trips to Balmoral, and Prince Charles commenting that salmon was on the menu 'only if I catch one'.

These anecdotes, all delightful and genuine, present an intimate picture of the young prince and his family that is a must for any royal follower.

To conclude, this book is both a great cookbook with interesting recipes illustrated with fabulous photography and illustrations and also a very interesting and engaging royal read.

It has passed my Ultimate Cookbook Challenge and has found its way out of the kitchen to be read in comfort, with a nice cup of tea, on more than one occasion. And having cooked ten of its recipes so far I very much look forward to having a go at the other 90 over the coming months.

Review by Charlotte Wreaves

We have 5 copies of this fabulous book to give away in our competition, and to have a chance of winning all you have to do is tell us the answer to the following question.

What tiny tarts did Carolyn Robb make for Prince Harry when he was a youngster?

- A: Lemon tarts
- B: Jam tarts
- C: Treacle tarts

Please send your answer to us via email at info@royallife.co.uk or alternatively by post to the editorial address:

Royal Life Magazine, Springfield House, Nordan, Leominster, Herefordshire, HR6 0AJ, UK

Remember to include your name, address, email and contact number.

The competition deadline is **31/07/16**

Winners will be selected at random and revealed in issue 25 and on the Royal Life Facebook page.



Competition winners from Royal Life issues 20 & 21

Issue 20:

The lucky winners of our 'Gibsons - Royal Babies' jigsaw competition are -

- Alastair Gunn, London, UK
- Carol Hughes, Alberta, Canada
- Mary Woolfe, NSW, Australia
- Miss D Elliott, Hants, UK
- Rita Kocsi, Budapest, Hungary

Our Royal Fulton, Royal Warrant Holders, competition winners are:

- Maria Reznik, Georgia, USA
- Ms S Edwards, Wirral, UK
- Patricia Dickson, Nelson, New Zealand
- Rev. Lorelei M. Bach, Trevoze, USA
- Rosemary Powell, Leics, UK

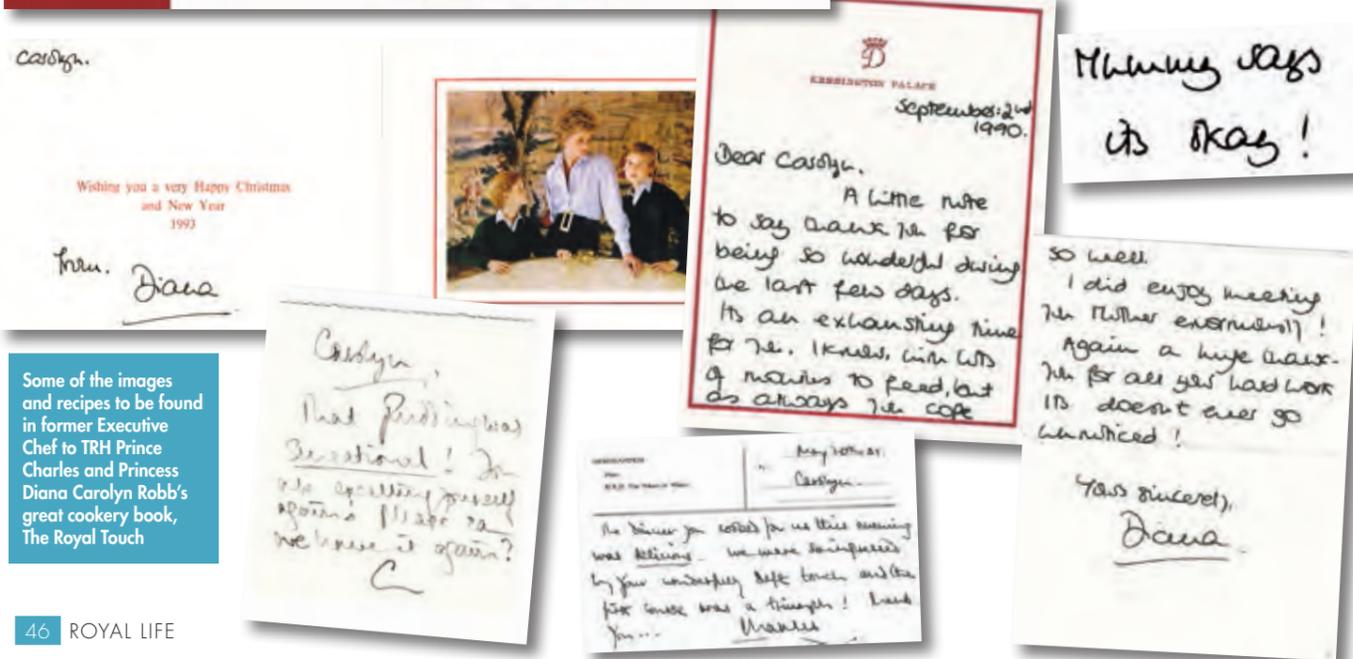
Issue 21:

The lucky winners of our 'England's Kings & Queens DVD and book competition are -

- Ann Davies, San Diego, USA
- Mrs G Matthews, Basildon, UK
- Mrs Kim Marie, Lancashire, UK

Our Royal Corney & Barrow, Royal Warrant Holders, Case of Claret competition winner is:

- Hilda Stoneman, Banff, Scotland



Some of the images and recipes to be found in former Executive Chef to TRH Prince Charles and Princess Diana Carolyn Robb's great cookery book, The Royal Touch